We Only Live Once

Count: 64 **Wall:** 4 **Level:** Intermediate
Choreographer: Robbie McGowan Hickie - UK (Nov 2014)
Music: Shannon Noll - We Only Live Once

Intro: 32 Count from Vocals

S1: 2 x Walks Forward. Step. Pivot 1/2 Turn Right. Step. 2 x Walks Forward. Step. Pivot 1/2 Turn Left. Step.

1 – 2	Walk forward on Left. Walk forward on Right.
3&4	Step forward on Left. Pivot 1/2 turn Right. Step forward on Left.
5 – 6	Walk forward on Right. Walk forward on Left.
7&8	Step forward on Right. Pivot 1/2 turn Left. Step forward on Right. (12 o'clock)

S2: Dorothy Step Diagonally Forward (Left & Right). & Forward Rock. Left Coaster Cross.

1 – 2&	Step Left Diagonally forward Left. Lock Right behind Left. Step Left Diagonally forward Left.
3 – 4&	Step Right Diagonally forward Right. Lock Left behind Right. Step Right Diagonally forward Right.
5 – 6	Rock forward on Left. Rock back on Right.
7&8	Step back on Left. Step Right beside Left. Cross step Left over Right. (12 o'clock)

S3: Side Step Right. Behind. & Heel Jack. & Touch. & Left Heel-Ball-Cross. 2 x 1/4 Turns Right.

1 – 2&	Step Right to Right side. Cross Left behind Right. Step ball of Right to Right side.
3&4	Touch Left heel Diagonally forward Left. Step Left back to place. Touch Right toe beside Left.
&	Step ball of Right to Right side.
5&6	Touch Left heel Diagonally forward Left. Step Left back to place. Cross step Right over Left.
7 – 8	Make 1/4 turn Right stepping back on Left. Make 1/4 turn Right stepping Right to Right side. (6:00)

S4: Cross Rock. Chasse 1/4 Turn Left. 2 x 1/2 Turns Left. Right Mambo Forward.

1 – 2	Cross rock Left over Right. Rock back on Right.
3&4	Step Left to Left side. Close Right beside Left. Make 1/4 turn Left stepping forward on Left.
5 – 6	Make 1/2 turn Left stepping back on Right. Make 1/2 turn Left stepping forward on Left.
7&8	Rock forward on Right. Rock back on Left. Step back on Right. (3 o'clock)

S5: 2 x Walks Back. Left Sailor. Right Sailor 1/4 Turn Right. Left Shuffle Forward.

1 – 2	Walk back on Left. Walk back on Right.
3&4	Cross Left behind Right. Step Right to Right side. Step Left to Left side.
5&6	Cross Right behind Left. Make 1/4 turn Right stepping Left beside Right. Step forward on Right.
7&8	Left shuffle forward stepping Left. Right. Left. (6 o'clock)

S6: Step. Pivot 1/2 Turn Left. Right Kick-Ball-Step Forward. Heel Switches & Right Lock Step Forward

1 – 2	Step forward on Right. Pivot 1/2 turn Left.

3&4	Kick Right forward. Step ball of Right beside Left. Step forward on Left. (12 o'clock)
5&6	Touch Right heel forward. Step Right back to place. Touch Left heel forward.
&7&8	Step Left back to place. Step forward on Right. Lock step Left behind Right. Step forward on Right.

S7: Left Cross Rock. & Right Cross Rock. & Cross. 1/4 Turn Left. Left Shuffle 1/2 Turn Left.

1 – 2&	Cross rock Left over Right. Rock back on Right. Step Left to Left side.
3 – 4&	Cross rock Right over Left. Rock back on Left. Step Right to Right side.
5 – 6	Cross step Left over Right. Make 1/4 turn Left stepping back on Right.
7&8	Left shuffle making 1/2 turn Left stepping Left. Right. Left. (3 o'clock)

S8: Right Mambo Forward. Left Coaster Step. Forward Rock. Right Shuffle 1/2 Turn Right.

1&2	Rock forward on Right. Rock back on Left. Step back on Right.
3&4	Step back on Left. Step Right beside Left. Step forward on Left.
5 – 6	Rock forward on Right. Rock back on Left.
7&8	Right shuffle making 1/2 turn Right stepping Right. Left. Right. (Facing 9 o'clock)